

# SHORT BIO

**TITLE:** Leadership Keynote Speaker, Creator and Host of *Thirty Minute Mentors*

## **AT A GLANCE:**

Adam Mendler is a nationally recognized authority on leadership and the creator and host of the top-rated business and leadership podcast *Thirty Minute Mentors*. He has interviewed more than 500 of America's top leaders and identified the patterns that drive high-impact leadership and elite performance. As a keynote speaker, he translates those insights into practical frameworks that help individuals lead more effectively and teams perform at a higher level. A Los Angeles native, Adam teaches graduate-level courses on leadership at UCLA.



# ONE PARAGRAPH BIO

Adam Mendler is a nationally recognized authority on leadership and the creator and host of *Thirty Minute Mentors*, where he interviews America's top CEOs, founders, athletes, celebrities, and political and military leaders. He has interviewed more than 500 of America's most successful leaders and, through those conversations, has identified the patterns that consistently drive high-impact leadership and elite performance. He translates these insights into perspective-shifting keynotes for businesses, universities, and nonprofit organizations, equipping individuals to lead more effectively and teams to perform at a higher level. Adam has built and led businesses across a variety of industries and previously worked for prominent companies in finance, entertainment, and sports. He has written extensively on business and leadership, with more than 70 articles published in major media outlets including *Forbes, Inc.*, and *HuffPost*. Adam teaches graduate-level courses on leadership at UCLA, serves on the board of UCLA's Master of Applied Statistics & Data Science program, has created corporate learning content used by executives around the world, and advises companies and leaders. A Los Angeles native, Adam is a lifelong Angels fan and an avid backgammon player.



# FULL BIO

Adam Mender is an entrepreneur, keynote speaker, writer, educator, and nationally recognized authority on leadership. Adam has interviewed more than 500 of America's top leaders and, through those conversations, has identified the patterns that consistently drive high-impact leadership and elite performance. In perspective-shifting keynotes to businesses, universities, and nonprofit organizations, he translates these patterns into clear, practical frameworks that help individuals lead more effectively and teams perform at a higher level.

Adam is the creator and host of the top-rated business and leadership podcast *Thirty Minute Mentors*, where he draws out insights from America's top CEOs, founders, athletes, celebrities, and political and military leaders. Adam has written extensively on business and leadership, authoring more than 70 articles published in major media outlets including *Forbes, Inc.*, and *HuffPost*. He teaches graduate-level courses on leadership at UCLA, serves on the board of UCLA's Master of Applied Statistics & Data Science program, has created corporate learning content used by executives around the world, and advises companies and leaders.

Adam has founded and co-founded businesses across a variety of industries and has extensive experience leading people and teams in business and outside of the workplace. Earlier in his career, he worked for D.E. Shaw & Co., then the largest hedge fund in the world; Credit Suisse, then a Fortune Global 150 company; the strategic planning groups at William Morris Endeavor and Universal Pictures; TWC Sports Management, a leading sports agency; and a successful presidential primary campaign.

Adam graduated Phi Beta Kappa from the University of Southern California, earning a B.S. in Business Administration and a B.A. in Political Science, and earned an M.B.A. from the UCLA Anderson School of Management, where he received the UCLA Anderson Fellowship Award.

A Los Angeles native, Adam is a lifelong Angels fan and an avid backgammon player.