

STAGE INTRO

Adam Mender is the creator and host of the popular business and leadership podcast *Thirty Minute Mentors*, where he interviews America's top CEOs, founders, athletes, celebrities, and political and military leaders.

Adam has interviewed more than 500 of America's top leaders. Through those conversations, he has identified the patterns that drive high-impact leadership and elite performance.

He has written extensively on business and leadership, with more than 70 articles published in major media outlets including *Forbes, Inc.*, and *HuffPost*.

A Los Angeles native, Adam teaches graduate-level courses on leadership at UCLA and is a lifelong Angels fan.

Please join me in welcoming Adam Mender.